

## Humanitarian Aid for Ukraine – Resources - From March 15, 2022 SPC E-newsletter

**a) Information from Syracuse media.** Syracuse.com's [How to Help Ukraine from Central New York](#) by Marnie Eisenstadt was also printed in the March 13 Post Standard. It contains very local options and national options, all of which were suggested by members of the local Ukrainian community.

**b) Charity organizations** are offering a wide range of support for those affected by the war. Here are a few that have received high marks (three to four stars) from [Charity Navigator](#), which assesses groups' efficiency, transparency and other factors.

- [GlobalGiving](#) supports non-profits around the world through crowdfunding. Its Ukrainian crisis relief fund is working toward a goal of \$7m to provide food, water, shelter, and other assistance to refugees.
- [Direct Relief](#) is working to fulfill a list of medical needs provided to the organization by Ukraine's health ministry.
- Care, a 75-year-old organization operating in 100 countries, is working to provide food, water and hygiene kits to those suffering in Ukraine. [Donate here](#) as Care seeks to support 4 million people.
- **Doctors Without Borders**, a 50-year-old Nobel-winning organization, has teams in Ukraine as well as surrounding countries as it works to send staff and medical supplies to the hardest-hit areas. [Donate here](#) to support its efforts in Ukraine and elsewhere in the world.
- **Save the Children**, a century-old organization that has worked in 100 countries, has a [Ukraine crisis relief fund](#) aimed at furnishing children and families with food, hygiene kits, funding and more.
- **The International Rescue Committee** has teams working in Poland aiding displaced families. The organization, founded in 1933, operates in 40 countries and donations go to food, medical treatment, and other emergency care in Ukraine, Afghanistan, Syria and elsewhere. [Donate here](#) to the IRC's work around the world.
- **Razom**, a Ukrainian-focused charity founded in 2014, is furnishing medical supplies to the country and working to "amplify the voices of Ukrainians". It has not been evaluated by Charity Navigator but has received wide coverage in the US media. [Donate here](#).

### c) The Unitarian-Universalist Association has compiled the following resources

#### Medical support

- [Help Ukraine Center \(Donate, Physical Donations\)](#) – Polish-German initiative powered by the Ernst Prost Foundation. Medicines and other essential humanitarian products will be delivered to regions that need it the most, in cooperation with our partners: General Staff of the Armed Forces of Ukraine, ROZETKA, Fozzy Group, TIS, Dragon Capital, Spunbond fund, Ukrposhta.
- [RAZOM: Emergency Response](#) – for tactical medical training. Help qualified war medics teach civilians first aid and provide them with medical supplies. **Now sourcing funding for a cargo plane shipment of medical aid.**
- [United Ukrainian American Relief Committee \(Donate\)](#) – provide vital medical supplies to victims, care for the injured and refugees, as well as shelter and food to those affected.
- [Sunflower of Peace](#) – for medical assistance and other necessities. Each IFAK (medical backpack) can save up to 10 lives.
- [Lifeline Ukraine](#) – for psychosocial support. Ukraine’s first suicide prevention hotline mobilized in response to alarming rates of veteran suicide.

#### Veterans and internally displaced persons

- [Future Kyiv Charitable Foundation \(Donate\)](#) – collection of charitable contributions for the purchase of humanitarian aid to Kyiv residents, organized by the Kyiv Municipal Government.
- [Caritas Ukraine](#) – provision of humanitarian assistance to various social groups and those impacted by the conflict. More information [here](#).
- [CrimeaSOS](#) – assistance to internally displaced persons from Crimea and Eastern Ukraine. With the support and partnership of UNHCR, it promotes community initiatives for these groups.
- [British-Ukraine Aid](#) – assistance to vulnerable individuals who have been physically, mentally or socially disadvantaged, including the injured and wounded, orphaned children, the elderly, internally displaced persons and families who have lost their main earners. More information [here](#).
- [People in Need: SOS Ukraine](#) – for provision of food and sanitation packages, emergency shelter, psychosocial support, and more in Donetsk and Luhansk, both in territory under

the control of the Ukrainian government and in territory not currently under government control.

- [UN Crisis Relief: Ukrainian Humanitarian Fund](#) – contributions are collected into a single, unearmarked fund and managed locally under UN leadership. As crises evolve, funds are made directly and immediately available to a wide range of partner organizations at the front lines of response. This way, funding reaches the people most in need when they need it.

#### **LGBTQIA+ aid**

- [Insight NGO \(Donate\)](#) – A Ukrainian human rights public organization which brings together lesbian, gay, bisexual, transgender, and queer people.
- [Ukrainian LGBT Military for Equal Rights Association](#) – support LGBT military in their fight on the frontline and for equality of all citizens at home.

#### **Children**

- [Help Us Help](#) – donations will be used to fund the following: evacuation and relocation of staff and beneficiaries (children, scholars and veteran families), humanitarian aid delivery, and medical assistance for victims.
- [Save the Children - Ukraine](#) – distribute essential humanitarian aid to children and their families; deliver winter and hygiene kits; provide cash grants to families so they can meet basic needs like food, rent and medicines; provide access to safe, inclusive, quality education; work to help children overcome the mental and psychological impacts of conflict.
- [Voices of Children](#) – psychological/psychosocial support for children affected by the war.
- [Saint Javelin](#) – all proceeds of shirt and sticker sales go to a fund for the children of fallen and wounded Ukrainian soldiers.

**d) These are just a few of the groups you can support; see more [here](#), [here](#) and [here](#).**